



Measure your Body Guide

You will need a tape measure & someone to help you measure your body
Please ensure to send us your full body images via email once you have completed your measurements.

BODY DESCRIPTION	
STEP	
1. Height	_____
2. Weight	_____
3. Off the Rack Jeans Size	_____
4. Watch Hand	Right / Left
5. Stance	A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/>
6. Shoulder Slope	A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/>
7. Chest	A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/>
8. Stomach	A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/>
9. Bottom	A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/>

UPPER BODY	
STEP	FINAL MEASUREMENT
Neck	_____ . _____ inches
Full Chest	_____ . _____ inches
Front Chest Width	_____ . _____ inches
Waist	_____ . _____ inches
Full Shoulder Width	_____ . _____ inches
Sleeve	_____ . _____ inches
Bicep	_____ . _____ inches
Front Length Half	_____ . _____ inches
Front Length Full	_____ . _____ inches
Back Width	_____ . _____ inches

LOWER BODY	
STEP	FINAL MEASUREMENT
Trouser Waist	_____ . _____ inches
Trouser Length	_____ . _____ inches
Hips	_____ . _____ inches
Crotch	_____ . _____ inches
Thigh	_____ . _____ inches
Knee	_____ . _____ inches
Cuff	_____ . _____ inches

VEST MEASUREMENTS (**OPTIONAL)	
STEP	FINAL MEASUREMENT
Vest Front Length	_____ . _____ inches
Vest Back Length	_____ . _____ inches
Vest Bottom	_____ . _____ inches

For questions please E-mail: info@ansintl.net